



Aloe Martini Body Wrap

(55 min./\$140)

Xhale Salon + Spa

Louisville, Kentucky

A hydrating service for sensitive skin, as well as spa-goers suffering from sun overexposure, this offering begins with a gentle body brushing along lymphatic drainage pathways to release toxins, stimulate the immune response and open the pores. Next, skin is drenched in a creamy aloe and shea butter concoction, and the client is cocooned in a warm wrap. At the same time, heated neck and eye pillows are put in place for additional comfort, while the therapist performs a 15-minute scalp massage. To finish, the wrap is loosened and any remaining product is massaged into the body.

Sensitive skin all-stars: The crafty “cocktail” of aloe and shea butter is a vitamin-rich must-have for burns, inflammation, abrasions and other sensitive skin concerns; it’s also ideal for relieving dryness, alleviating damage caused by UV exposure and pollutants, and encouraging collagen and elastin production.

Kudos from clients: People who’ve been plagued by chronic eczema are floored by the wrap’s ability to rehydrate without irritation. “Because it helps kick-start the skin’s own ability to produce moisture and collagen, it can continue to relieve symptoms of eczema, dermatitis, dehydration and more, even days later,” adds spa owner Melissa Happel.